

Come join in the celebration, and
learn about Tibetan culture! Fun for the whole family!



Ven. Lama Pema Wangdak

Chokhör Festival

Beginning with Hoisting of the Prayer Flags,
followed by circumambulating of grounds.



Ven. Lama Guru Gyaltsen

Sunday, August 3
10 AM-5 PM

Pumpkin Hollow Retreat Center
1184 Rt. 11, Craryville, NY 12521

General admission: \$7.00 / Food plate: \$5.00 Beverages: \$1.00

- Tibetan Music and Vendors
- Tibetan Food (Vegetarian)
- "Kids Face Painting"
- "Write Your Name in Tibetan"
- Special Dharma teachings by Lama Pema and Lama Guru
- "Make your Own Prayer Flag"
- Tibetan Doctor (please register for a timeslot)

For information and registration for Tibetan Doctor:
518-325-3583 or email: pumpkin@taconic.net

Tibetan Doctor will see patients for 20-30 minutes each / Donations accepted

For more info: www.pumpkinhollow.org