



the **Vikramasila Foundation**
A NON-PROFIT ORGANIZATION DEDICATED TO THE TEACHINGS OF THE BUDDHA

and the
Pumpkin Hollow Retreat Center
present

Sunday, July 29th -- 10:30 am to 5 pm.
Tibetan Chökhör Festival:

The Turning of the Wheel of Dharma



The Pumpkin Hollow Retreat Center is happy to join with the Palden Sakhya Center, for the first time, in presenting the Chökhör Festival here at Pumpkin Hollow. Chökhör is one of the four most important holidays for the Buddhists. It is the day when Buddha taught the Dharma to the world for the first time. Chökhör means “Turning the Wheel of Dharma”, setting in motion the Truth, Peace, and Happiness that will eventually bring Freedom to the World.

The festival is a wonderful opportunity to learn and experience the Tibetan culture: its spirituality, its arts and people. **Lama Pema** will be sharing Buddhist Dharma talks along with leading group meditations. Other activities planned are: hoisting the Tibetan Prayer Flags for Peace, traditional music and songs, tibetan medical diagnosis, tasty and unique Tibetan food, demonstrations of Tibetan calligraphy, the printing of prayer flags, and a display of Tibetan Thangkas. These varied activities will be scheduled and repeated throughout the Festival Day.

Various vendors will also be present in order to share traditional Tibetan foods, clothing, music and other items hand-made by Tibetans.

The Festival is open to all. Entrance Fee: suggested donation - \$7 per person

Pumpkin Hollow is the ideal setting for this Festival, having it here will give those new to the place the opportunity to make a connection to the beauty and friendly atmosphere of this rural retreat sanctuary.

Pumpkin Hollow Retreat Center

1184 Route 11, Craryville, NY 12521

Tel: 518-325-3583 / Web-site: www.pumpkinhollow.org / E-mail: pumpkin@taconic.net